

FAMILY

FACTS

a fun get-to-know-each-other activity for families

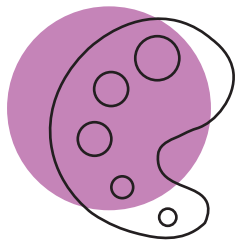
Family Facts is an activity for families to get to know each other a little better. We can be so busy maintaining our daily lives that sometimes we don't spend the time it takes to invest in our relationships with each other.

This activity seems simple but is actually quite powerful. Use the following pages to get to know each other better. Parents or caregivers can answer the prompts about their children and the kids can answer about their parents or caregivers.

Try to guess the other person's answer first, and then check to see if you answered correctly. So a kid might say, "I think mom's favorite meal is tamales. Is that right, mom?" Or they might say, "I have no idea what mom's favorite meal is. What is it, mom?" The goal is for mom to then tell them a little something about herself. "I love tamales. I used to make them with my mom and grandma!" It works the other way too. A parent might think they know who their daughter's best friend is, only to discover she's moved on to a new best friend, and that she and her new best friend love to go watch varsity soccer games together. Use the following pages to start the conversation. Jot down answers and names anywhere on the pages. Feel free to add your own pages as well!

The end result of this activity is a little book with all the insight about your family on it – each person's interests, favorite activities to do together, and memories of fun times. **Save your book somewhere and look at it together from time to time.**

P.S. it makes a good cheat sheet when you're looking for the perfect gift for someone in your family!



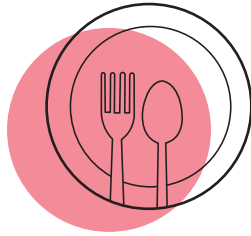
Our Favorite Colors



An Activity We Like to
Do Together



Our Best Friends



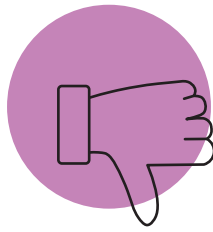
Our Favorite Meals



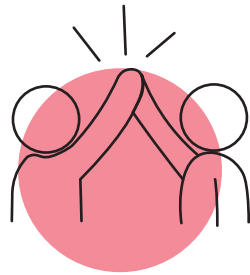
Things We
Worry About



Our Favorite Bands/Musicians



Things We Don't Like



The Last Time We Had
Fun Together